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| **VIKATOU THEANO** |  |
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**EDUCATION**

* 2020-2022 **MSc Sports and Exercise Medicine**

*Queen Mary University of London, William Harvey Research Institute, London, UK*

*Master’s Degree comprising of 120 ECTS*

* 2014 – 2020  **BSc (Hons) in Physiotherapy**

*Physiotherapy Department, University of West Attica, Athens, Greece*

*Full-time 4 years undergraduate degree comprising of 240 ECTS*

* 2014 – 2017   **Professional Dance Instructor, BA**

*Professional Dance School “Mari Chatzimichali” (recognized by the Hellenic Ministry of Sports & Culture), Athens, Greece*

**WORK EXPERIENCE**

* 01/02/2021- today    **Physiotherapist**

*Physiopain Group, Athens, Greece*

* 15/10/2019- 14/02/2020    **Physiotherapist**(*Internship*)

*Physiotherapy Department, Metropolitan General Hospital, Athens, Greece*

* September 2017 – August 2020   **Ballet Instructor**

*“Thodoris Panas - Athens Dance School”, Athens, Greece*

* September 2017 -  August 2020  **Contemporary Dance Instructor**

*“Mari Chatzimichali” Dance School, Athens, Greece*

**Professional Education**

* September 2019 – July 2020 (*CPD: 300hrs*)**Biomedical and Traditional Acupuncture for Health Professionals Physiotherapists and Doctors**

*University of West Attica and the Hellenic Physiotherapy Society of Algology*

* July 2020 *(CPD: 180hrs)***MK Pilates**

*Pilates Studio Equipment Diploma*

* February 2020 (*CPD: 16hrs*)**OMT Osteopathic & Chiropractic Manipulation – Lvl 1**

*Instructed by Jimmy Michael and Giles Gyer*

* 22-26 July 2019 (*CPD: 40hrs*) **Acupuncture Course (Clinical placement)**

*Shanghai University of Traditional Chinese Medicine - International Education College, Shanghai, China*

* 04-07 June 2019 (*CPD: 20hrs*)  **Health QIQONG – Five Animal Exercises**

*Greek Taiji Health Center – A joined venture between the University of West Attica /   Research Laboratory of Musculoskeletal Physiotherapy and the Shanghai University of Traditional Chinese Medicine / QiGong Research Institute.*

* 13 October 2018 (*CPD: 7hrs*)   **Shockwave Therapy for MSK Dieseases**

*Organized by Gymna Ltd & EEEF.gr (Hellenic Scientific Society of Physiotherapy)*

* 10-14 September 2018 (*CPD: 25hrs*) **Health QIQONG – Ba Duan Jin & TAICHI**

*Greek Taiji Health Center, University of West Attica, Athens, Greece.*