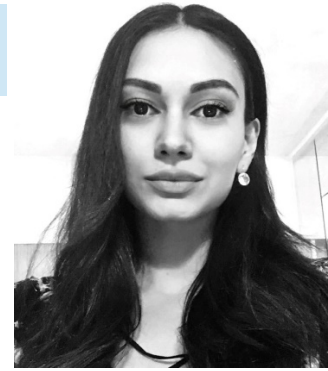


# VIKATOU THEANO



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## EDUCATION

☑ 2020-2022 **MSc Sports and Exercise Medicine**

Queen Mary University of London, William Harvey Research Institute, London, UK  
Master's Degree comprising of 120 ECTS

☑ 2014 – 2020 **BSc (Hons) in Physiotherapy**

Physiotherapy Department, University of West Attica, Athens, Greece  
Full-time 4 years undergraduate degree comprising of 240 ECTS

☑ 2014 – 2017 **Professional Dance Instructor, BA**

Professional Dance School "Mari Chatzimichali" (recognized by the Hellenic Ministry of Sports & Culture), Athens, Greece

## WORK EXPERIENCE

☑ 01/02/2021- today **Physiotherapist**

Physiopain Group, Athens, Greece

☑ 15/10/2019- 14/02/2020 **Physiotherapist (Internship)**

Physiotherapy Department, Metropolitan General Hospital, Athens, Greece

☑ September 2017 – August 2020 **Ballet Instructor**

"Thodoris Panas - Athens Dance School", Athens, Greece

☑ September 2017 - August 2020 **Contemporary Dance Instructor**

"Mari Chatzimichali" Dance School, Athens, Greece

## Professional Education

☑ September 2019 – July 2020 (CPD: 300hrs) **Biomedical and Traditional Acupuncture for Health Professionals Physiotherapists and Doctors**

University of West Attica and the Hellenic Physiotherapy Society of Algology

☑ July 2020 (CPD: 180hrs) **MK Pilates**

Pilates Studio Equipment Diploma

- ☐ February 2020 (CPD: 16hrs) **OMT Osteopathic & Chiropractic Manipulation - Lvl 1**  
*Instructed by Jimmy Michael and Giles Gyer*
  
- ☐ 22-26 July 2019 (CPD: 40hrs) **Acupuncture Course (Clinical placement)**  
*Shanghai University of Traditional Chinese Medicine - International Education College, Shanghai, China*
  
- ☐ 04-07 June 2019 (CPD: 20hrs) **Health QIQONG - Five Animal Exercises**  
*Greek Taiji Health Center - A joined venture between the University of West Attica / Research Laboratory of Musculoskeletal Physiotherapy and the Shanghai University of Traditional Chinese Medicine / QiGong Research Institute.*
  
- ☐ 13 October 2018 (CPD: 7hrs) **Shockwave Therapy for MSK Diseases**  
*Organized by Gymna Ltd & EEEF.gr (Hellenic Scientific Society of Physiotherapy)*
  
- ☐ 10-14 September 2018 (CPD: 25hrs) **Health QIQONG - Ba Duan Jin & TAICHI**  
*Greek Taiji Health Center, University of West Attica, Athens, Greece.*