CURRICULUM VITAE DR. MORTEN HØGH

PERSONAL INFORMATION

BORN July 16th 1973

ADDRESS (BUSINESS) Strandbakkevej 5 l Egaa (DK)

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EDUCATION Physiotherapist, 1996-1999 (Aarhus, DK)

MSc Pain: Science & Society, 2010-2012 (King's

College London, UK)

PhD: Center for Neuroplasticity and Pain, 2015-2019

(Aalborg University, DK)

CLINICAL EXAMS AND TITLES Specialist PT in Musculoskeletal Physiotherapy

Specialist in Sports Physiotherapy

Diploma in Orthopedic Manual Therapy (COMT)

Registred International Sports Physiotherapist (RISPT) European Diploma in Pain Physiotherapy (EDPP)

CURRENT WORK

FYSIODANMARK AARHUS Owner, practicing specialist-PT (2003-)

AALBORG UNIVERSITY Assistant Professor (2020-)

ACATALEPSIA APS Pain educator (2011-)

NATIONAL DANISH PERFORMANCE Head of Health Team (2001-)

TEAM

DANISH SOCIETY FOR PAIN AND Chairman (2006-)



RECENT AD-HOC WORK

DANISH MEDICINE AND HEALTH National clinical guidelines on Wide-spread Pain

AUTHORITIES Task force on Government-funded pain care

DANISH ETHICS COUNCIL "Functional Disorder diagnosis" workshop

EUROPEAN PAIN FEDERATION Vice-chair of the Educational Committee

EFIC Pain Physiotherapy Curriculum task force

EDPP exam-board

EFIC Pain Nursing Curriculum task force
EFIC Pain Psychology Curriculum task force

EFIC 'On the move' Campaign task force

PROJECT MANAGEMENT COMMITTEE Prevent4Work (EU-Grant 894876 EUR / Erasmus+)

PEER-REVIEWED PUBLICATIONS

EUROPEAN JOURNAL OF PAIN Delayed effects of attention on pain sensitivity and

Conditioned Pain Modulation (2019)

EUROPEAN JOURNAL OF PAIN Effects of repeated conditioning pain modulation in

healthy volunteers (2018)

PAIN MEDICINE The effect of Stress on Repeated Painful Stimuli with

and without Painful Conditioning (2019)

CURRENT OPINION IN SUPPORTIVE & Assessment of Conditioned Pain Modulation in healthy

PALLIATIVE CARE subjects and patients with chronic pain -

manifestations and implications for pain progression

(2019)

DANSK SPORTSMEDICIN Hjernerystelser i Sport (2017)

Delayed Onset of Muscle Soreness (2017)

Hvad er en overbelastning? (2015) Smerte i klinisk sportsmedicin (2013)

BEST PRACTICE REUMATOLOGI Kroniske Smerter (2012)

BOOKS / BOOK CHAPTERS Smertebogen (2015)

Reumatologi for Fysioterapeuter (2019) Geriatri for Sygeplejersker (2019)

Basisbog i Fysioterapi (2017)

Geriatri - tværfaglig og løsningsorienteret (2014)

Pædiatrisk fysioterapi (2013) Klinisk Reumatologi (2020)

RECENT CONFERENCE PRESENTATIONS

IASP WORLD CONFERENCE ON PAIN

4TH WORLD CONFERENCE ON ABDOMINAL
AND PELVIC PAIN
RUSSIAN ASSOCIATION FOR THE STUDY OF
PAIN (ANNUAL MEETING)
EFIC PAIN IN EUROPE

2019 MONTANA PAIN CONFERENCE

EUROPEAN PAIN SCHOOL SASP PAIN CONFERENCE

SCAND SPORTS MEDICINE CONFERENCE

SCAND CONGRESS ON HANDBALL MEDICINE
DANISH PAIN FEDERATION MEETING
DANISH HANDTHERAPY ASSOCIATION
MEETING

100-YEAR ANNIVERSARY DANISH
PHYSIOTHERAPY ASSOCIATION
THE SPORTS CONFEDERATION OF DENMARK
MEETING ON CONCUSSION
LE PUB SCIENTIFIQUE

4TH INTERNATIONAL MULLIGAN CONFERENCE
SCANDINAVIAN HAND SOCIETY CONGRESS

CLINICAL LECTURES (PAIN RELATED)

ORGANISATIONS

UNIVERSITIES

MUNICIPALITIES (DENMARK)

1. Tonic Pressure as a model for CPM (2016)

2. The effect of Stress on Conditioned and Unconditioned pain... (2018)

Invited speaker: Barriers to exercise for pelvic pain patients and their clinicians (2019)

Keynote: Physiotherapy in the treatment of chronic nonspecific pain

Temporal profile of four consecutive assessments of CPM (2017) | The effect of ...Pain on Cognitive Function (2019)

1. Pain: The Big Picture (2019)

2. Empowering the Patient with Agency and Knowledge (2019)

Central Control over Peripheral... (2017)
Fixed or Adaptive Conditioning Intensity for Repeated
CPM (2017)

1. Pain and injuries in Sport - time for... (2019)

2. Return-to-play after Concussion (2015)
Assessment and acute management... (2018)
EFIC Pain Curricula and Exams (2018)
Pain and Pain Management (2017)

The future of Physiotherapy (2018)
Concussion; Guidelines and recommendations (2018)
Talking the pain out of patients? (2018)
What makes pain go away? (2018) | Pain: Mind over
Matter (2019)

What makes Pain go away? (2018) When Pain is the problem (2018)

Aarhus University, Aalborg University | University College of Northern Jutland Stanford Healthcare (Palo Alto, CA) | Providence (Portland, OR) | NOI-group (AUS) | Gruppo di Terapia Manuale (IT) | Danish PT Association | NordKap | Danish Military | Forskningens Døgn

Assens, Aarhus, Odense, Halsnæs, Roskilde, Copenhagen, Norddjurs, Syddjurs, Aalborg, Næstved, Solrød, Aalborg, Faxe and more.